



HOPE CENTER



WHERE HEALING TAKES CENTER STAGE

2020 ANNUAL REPORT

THE HOPE CENTER*

/THē/ /hōp/ /'sen(t)ər/

noun

A community-based mental health clinic located in Harlem, New York that offers diverse health and wellness programming that provides space to **H**eal **O**n **P**urpose and **E**volve.

*View The Mission, Vision, and Core Values of The Hope Center on Page 5

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HOPE CENTER LEADERSHIP



EXECUTIVE DIRECTOR **Dr. Lena Green, DSW, LCSW**

Dr. Green is a clinical social worker, psychotherapist, and fatherhood practitioner. In her 20+ years of direct practice and management experience as a clinician, professor, and administrator, Dr. Green has had a tremendous impact on countless New Yorkers.

Skilled in various areas of mental health, program planning, development, clinical supervision, and building strategic partnerships, Dr. Green received the National Association of Social Workers, New York City Chapter's (NASW-NYC) Social Work I.M.P.A.C.T. Award in 2019. The award, which is the chapter's highest honor, is presented to a social worker who "exemplifies the commitment to social justice, equity, empowerment, and civil rights, through their work, research, advocacy, practice, embodiment of the social work profession, and their dedication to the communities and individuals they serve." In 2015, she also received the chapter's Mid-Career Leadership Award and was recently inducted into the Pi Pi Chapter of the Phi Alpha Social Work Honor Society.

Dr. Green holds both a Doctorate and Master's Degree in Social Work from NYU, a Bachelor of Arts in Psychology from the University of Massachusetts at Amherst, Post-Master's Certificates in Advanced Clinical Practice from Hunter College, and the Treatment of Alcohol and Drug Addicted Clients from NYU. Dr. Green serves on several boards and is an active member of Delta Sigma Theta Sorority, Inc.



DIRECTOR OF PROGRAMMING **Dr. Cicely K Johnson, Ph.D.**

Dr. Cicely K. Johnson is a leader and change agent in research, community engagement, education, and healthcare, among others. She has long focused on public and community health research, conducting research, telling the important stories of marginalized populations, and community organizing in minority communities.

Dr. Johnson holds a Bachelor's degree in Legal Communications (Pre-Law) from Howard University, a Master's of Science in Public Policy from the New School University, a Master's of Arts in Labor Studies from the City University of New York's Graduate School in Labor Studies, and a Doctorate in Sociology, with specializations in Medical Sociology and Social Inequality from Howard University.



EXECUTIVE ADMINISTRATOR **Robin L Brown**

As the Executive Administrator, Robin Brown adds the glitter, sparkle, and organizational support to the Hope Center. She received her Bachelor's Degree in Marketing Advertising from Baruch College. Robin is the founder & Chief Super Hero at Robin Laura Events, an NYC event planning firm. As the Executive Administrator, Robin also develops and strengthens the Hope Center's marketing and communications strategy.

CENTER INTERNS

COLUMBIA UNIVERSITY SCHOOL OF SOCIAL WORK

Jessica Pucker
Kanika Seth
Haoying Wang
Yingning Wang
Yifan Xue

CUNY GRADUATE SCHOOL OF PUBLIC HEALTH AND POLICY

Julio Martinez

MANHATTAN COLLEGE

Julyssa Martinez
Randy Slaughter

NEW YORK UNIVERSITY

Shanequa Perry

RUTGERS UNIVERSITY

Amy Spina

A MESSAGE FROM THE EXECUTIVE DIRECTOR

Greetings Innovators and Supporters:

With the COVID-19 pandemic forcing people to stay at home, stress related to health care, the economy, and the pressing weight of racism—have seriously threatened the mental health of our communities.

Throughout this time, The HOPE Center has continued to provide quality programming by moving our services online. To provide ongoing care for the community, we launched initiatives like Mindfulness Moments and the Virtual Check-Ins. We also launched our Healing Conversations and began telehealth services to provide individual, couples, and family counseling.

As we press forward to 2021, we are mindful that many people are suffering from the compounding stressors in their lives and are showing signs of mental health issues such as isolation, depression, and anxiety. People are striving to find their place in the world, socially, educationally, and professionally.

While the amount of people seeking help with mental health challenges has skyrocketed - most are not getting the support they need. But here's the good news... The HOPE Center continues to support those who are most affected, most in need and most historically marginalized. New doors were opened that allowed us to serve the community innovatively, expanding our reach locally and globally through telehealth services.

The HOPE Center aims to stay steadfast in its commitment to serving the mental health needs of our community, and with your help, we know it's possible. Remember that HOPE lives in Harlem because your partnership during this critical time remained more important than ever. We know that people are resilient, and we witnessed the magnitude of fortitude and buoyant life of those around us in real-time.

Despite urgent needs, we did not experience a lack of love or support and are committed to promoting free access to quality mental health services as a critical part of overall health & wellness. HOPE Means Healing on Purpose and Evolving! We are uniquely positioned to use our gifts to keep healing center stage.

With Thoughts of Healing,



Dr. Lena L. Green, DSW, LCSW
Executive Director

The HOPE (Healing on Purpose and Evolving) Center is a 501(c)3 nonprofit organization that seeks to minimize the stigma around communities of color when seeking mental health services. It prides itself in having licensed clinicians who utilize evidence-based therapeutic practices to support a variety of daily living challenges, including depression, trauma, sexual abuse, and bereavement.

OUR MISSION

To provide quality therapeutic services to the Harlem community in an effort to directly impact mental health needs and promote health and wellness.

OUR VISION

To empower and support our community in the process of creating and sustaining life-long wellness.



WHAT IS AN INNOVATOR?

An individual who partners with a clinician and is intentional about their healing and wellness journey.

OUR CORE VALUES

- Creating
- Thriving
- Authenticity
- Mutuality
- Kindness
- Worthiness
- Excellence

CORE AREAS

CLINICAL

Engage in direct clinical practice through field placement partnerships with diverse colleges and universities across New York City to provide group therapy, individual, couples, and family counseling.

WELLNESS

Introduce the Harlem community to healing resources that support the holistic needs of every individual through workshops, seminars, and small groups.

TRAINING

Create, implement, and manage community health training modules to aid lay leaders in 1) becoming more trauma-informed, 2) learning how to navigate a wide range of mental health challenges, and 3) teach group facilitation skills to support psychoeducation groups, including but not limited to anxiety, depression and grief & loss.

COMMUNITY-BASED PARTICIPATORY RESEARCH

Equitably involves community members, HOPE Center representatives, researchers, and others in the research process, with each partner contributing to and sharing in decision-making and ownership.

FOUNDATIONAL PILLARS

ENHANCE PROGRAMMING

Produce a wide array of creative and innovative workshops and seminars that feature experts in mental health and wellness.

EXPAND PARTNERSHIPS

Secure mutually beneficial partners that invest in center programming through expertise, training, funding, physical resources, and talent shares.

ELEVATE FUNDRAISING

Research and implement a variety of fundraising techniques that will raise capital and diversify center funding streams.



2020 AT-A-GLANCE

HEALING CONVERSATIONS CREATE NEEDED SAFE SPACE

The HOPE Center's Healing Conversations are a monthly live broadcast on mental health and wellness.

Aired live on Facebook, Healing Conversations were viewed over 2,600 times in 2020 and featured a wide array of specialists in the mental health and wellness field. From suicide and depression to discussions about being a caregiver, each conversation offered guidance while giving the digital audience a safe space to feel seen and heard through live Q&A sessions.

To view previous aired Healing Conversations, visit www.facebook.com/hopecenterharlem/live.



INCREASED DIGITAL PRESENCE HELPS THE COMMUNITY



With the uncertainty and turmoil caused by the COVID-19 pandemic, the services of the HOPE Center were needed even more.

With help from the HOPE Center Interns, staff, and volunteers, the HOPE Team moved swiftly to create engaging digital programming using Facebook Live and ZOOM to interact safely with the community.

Thanks to technology, innovators, supporters, and viewership thrived in and out of The United States. In 2020 alone, The HOPE Center's digital programming was viewed over 20,000 times combined.

2020 AT-A-GLANCE

TEXTATON CREATED AWARENESS AND SPARKED GIVING



In recognition of Giving Tuesday, a day of giving that encourages people to do good, the HOPE Center held Giving HOPE: a virtual Text-to-Give event.

Held live on Facebook, Giving HOPE highlighted the work done for the community amid a global pandemic while offering viewers a

chance to get involved with the HOPE Center through giving. Reminding each viewer what HOPE means, this live event was hosted by Reverend Cathy Bristow and Julius "J.U" Jones and raised a total of \$8000.

SERVING MORE THROUGH A DIVERSE INTERN COHORT

Answering the call of the New York Community and beyond, The HOPE Center hosted its largest and most diverse team of interns to date from a variety of colleges and universities, including Columbia University School of Social Work and New York University's Silver School of Social Work.

This distinct group of interns provided services in additional languages such as English, Spanish, and Chinese Mandarin.



COMMUNITY NEEDS ASSESSMENT



When serving communities affected by a host of different systemic issues, including the lack of adequate health care options, it is essential to allocate time to identify who the community truly is while disaggregating each part of the community by category.

Under the direction of the Director of Research and Programming, Dr. Cicely K. Johnson, the HOPE Center began this important work during the third and fourth quarters of 2020 to ensure that programming meets our community and innovators' needs.

With the help of HOPE Center staff, interns, and volunteers, we collected responses from over 300 community members through canvassing in Manhattan and Brooklyn, New York. Our goal is to ensure that all programming is data-driven while fully answering the community's needs.



CRISIS TEXT LINE

CRISIS TEXT LINE is a national organization offering free, 24/7 support to those experiencing a crisis. By texting the word “**WORTHY**” to 741741 from anywhere in the United States, Innovators are connected to trained Crisis Counselors who can assist.

Since its launch in 2019, the HOPE Center CRISIS TEXT LINE has captured **226** text conversations with the following demographic profiles:



85%

IDENTIFY AS FEMALE



39%

IDENTIFY
AS LGBTQ+

61%
IDENTIFY AS
HETEROSEXUAL



CRISIS TEXT LINE |

TEXT WORTHY to 741741



93%

IDENTIFY AS BLACK

78%
RANGED BETWEEN
18- AND 55-YEARS-OLD



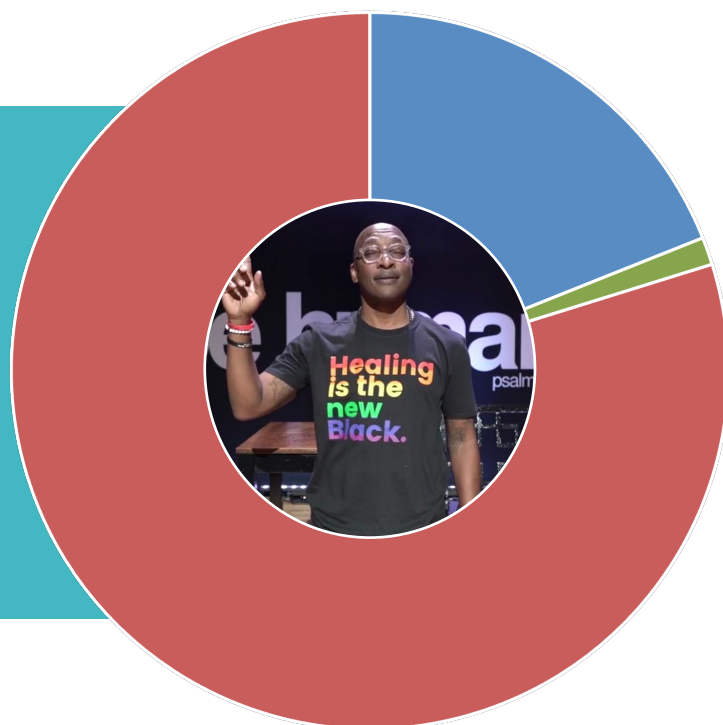
15%

WERE OVER
65-YEARS-OF-AGE

FINANCIALS

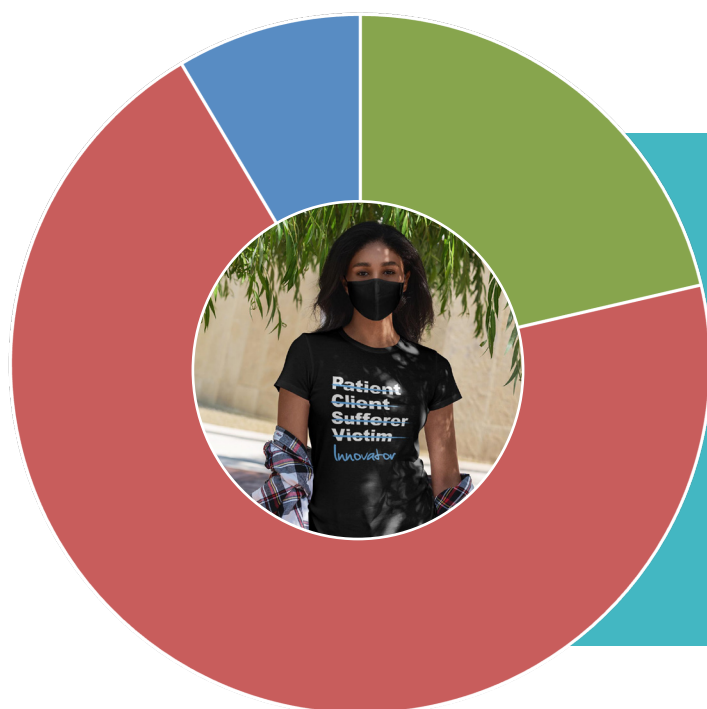
2020 REVENUE

PROGRAM	\$2,500
INDIVIDUAL	\$160,000
FOUNDATIONS AND CORPORATIONS	\$38,000
TOTAL:	\$200,500



2020 EXPENSES

PERSONNEL	\$20,000
PROGRAM AND OPERATIONS	\$50,000
ADMINISTRATIVE	\$164,000
TOTAL:	\$234,000



FCBC COMMUNITY DEV. CORP.



The First Corinthian Baptist Church (FCBC) Community Development Corporation (CDC) serves as a catalyst for transformation in Harlem and the Greater New York City area, challenging and empowering individuals to realize their infinite possibilities through Education and Arts, Economic Empowerment, Health Awareness, and Civic Engagement.

community. Focused on creative arts, leadership development, and economic empowerment, The Dream Center offers over twenty-five completely free programs to the Harlem community for all ages, races, and backgrounds.

In December 2016, the FCBC CDC opened the H.O.P.E. (Healing On Purpose and Evolving) Center, the first faith-based mental health facility in Harlem.

Registered as a 501(c)3 nonprofit organization, the FCBC CDC's first venture was The Dream Center, a transformative space designed to awaken the dreams of the com-

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Michael A. Walrond, Jr.
Senior Pastor, First Corinthian Baptist Church

TREASURER

Charles Powell
Retired Lawyer/ Director, Staff, Greater Harlem Chamber of Commerce

SECRETARY

Jamal Joseph
Faculty at Columbia University & Founder of New Heritage Theatre Group

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Finance Industry Professional

Chris Bishop
Chief of Staff to Chief Operating Officer, Cardinal Innovations Healthcare

Linara Davidson Greenidge
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Founder of New Heritage Theatre Group, Vice President, Greater Harlem Chamber of Commerce, & Chairman, Harlem Arts Alliance

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Field and Political Organizer, Alexandria Ocasio-Cortez for Congress

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Desiree S. Elder

Executive Visionary, The Dream Center

Dr. Lena L. Green

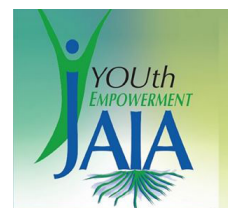
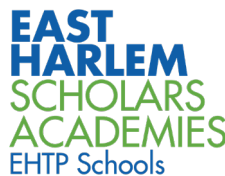
Executive Director, The HOPE Center

DONORS

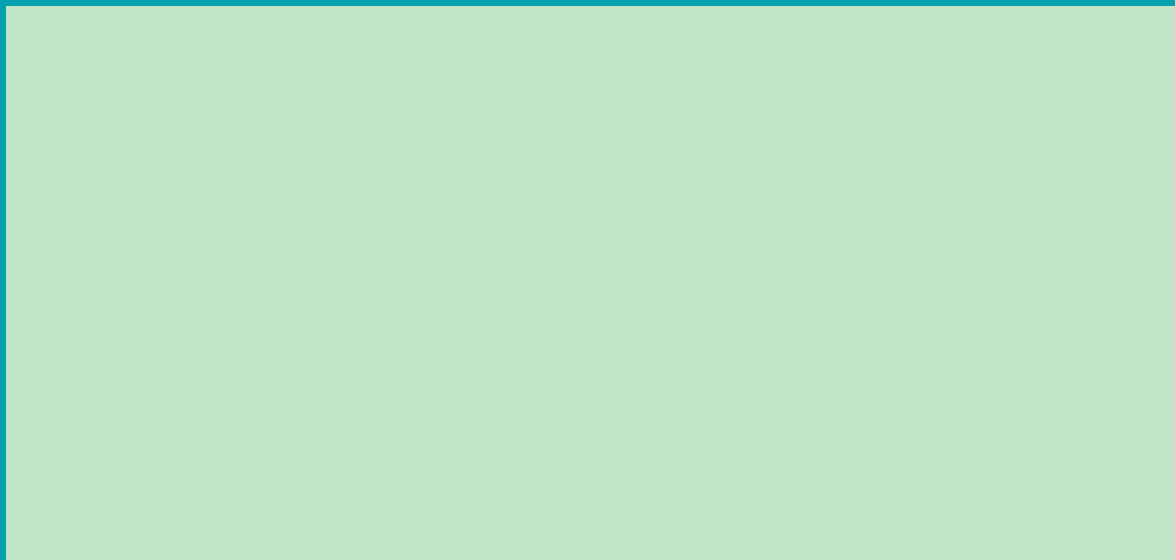
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Powell, Charles	Saunders, Malenna	Tate, Roderick	Waterman, Maxwell	
Pratt, Ayana S.	Scott, Tre	Tawfik, Leslie	Watson, Hope J.	
Pugh, Samantha	Selassie, Deborah	Taylor, Brian P.	Watson, Damon	
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