



# Annual Report

# THE HOPE CENTER

A free community-based mental health clinic located in Harlem, New York that offers diverse health and wellness programming that provides space to **H**eal **O**n **P**urpose and **E**volve.

\* View The Mission, Vision, and Core Values of The HOPE Center on Page 6

## Table Of Contents

- 04 Leadership and Staff
- 05 Message from the Executive Director
- 06 About The HOPE Center
- 08 2022 Impact
- 10 2022 Highlights
- 16 FCBC Development Corporation
- 17 Financials
- 18 Donors
- 19 Grantors, Partners, & Sponsors

# MEET THE TEAM



**Dr. Lena L. Green, DSW, LCSW**  
**EXECUTIVE DIRECTOR**

Dr. Green is a clinical social worker, psychotherapist, and fatherhood practitioner. In her 20+ years of direct practice and management experience as a clinician, professor, and administrator, Dr. Green has had a tremendous impact on countless New Yorkers.

Skilled in various areas of mental health, program planning, development, clinical supervision, and building strategic partnerships, Dr. Green received the National Association of Social Workers, New York City Chapter's (NASW-NYC) Social Work I.M.P.A.C.T. Award in 2019. The award, which is the chapter's highest honor, is presented to a social worker who "exemplifies the commitment to social justice, equity, empowerment, and civil rights, through their work, research, advocacy, practice, embodiment of the social work profession, and their dedication to the communities and individuals they serve." In 2015, she also received the chapter's Mid-Career Leadership Award and was recently inducted into the Pi Pi Chapter of the Phi Alpha Social Work Honor Society.

Dr. Green holds both a Doctorate and Master's Degree in Social Work from NYU, a Bachelor of Arts in Psychology from the University of Massachusetts at Amherst, Post-Master's Certificates in Advanced Clinical Practice from Hunter College, and the Treatment of Alcohol and Drug Addicted Clients from NYU. Dr. Green serves on several boards and is an active member of Delta Sigma Theta Sorority, Inc.



**Dr. Henry Willis, Ph.D.**  
**CLINICAL PSYCHOLOGIST**

Dr. Henry A. Willis, Ph.D. is a Clinical Psychologist who research interests include exploring the relationship between online and offline racial discrimination and mental health outcomes, understanding sociocultural protective factors (i.e., racial identity) and how they impact psychopathology (i.e., obsessive-compulsive disorder) within African Americans, creating cultural adaptations of evidence-based treatments, and utilizing mobile-health technology to increase access to mental health treatments for underserved populations.

Dr. Willis holds a B.S. in Psychology from Howard University, an M.A. in Clinical Psychology from Columbia University, and a Ph.D. in Clinical Psychology from the University of North Carolina at Chapel Hill.



**Robin L. Brown**  
**EXECUTIVE ADMINISTRATOR**

As the Executive Administrator, Robin Brown adds the glitter, sparkle, and organizational support to the Hope Center. She received her Bachelor's Degree in Marketing Advertising from Baruch College. Robin is the founder & Chief Super Hero at Robin Laura Events, an NYC event planning firm.

As the Executive Administrator, Robin also develops and strengthens the Hope Center's marketing and communications strategy.

## HOPE CENTER INTERNS

### COLUMBIA UNIVERSITY SCHOOL OF SOCIAL WORK

Ashley Rodriguez  
Angelique Spencer

### NEW YORK UNIVERSITY

Lex Cadenhead  
Victoria Juste  
Corisha Sanders

### HUNTER UNIVERSITY

Liana Dardashti

### WALDEN UNIVERSITY

Shakia Wilkins-Burrell

## A MESSAGE FROM THE EXECUTIVE DIRECTOR

As I reflect on the year, I find myself incredibly thankful for my time thus far serving as the Executive Director for the HOPE Center. Whether it has been collaborating with the board, staff, innovators, partners, volunteers, or supporters, I am happy to be connected to such innovative, compassionate, and knowledgeable people.

I am inspired by the commitment and energy each of you continues to give in the face of the nation's current health, social, and economic challenges. I am encouraged by your dedication to mental health and the prospects that future efforts will bring for the HOPE Center and the communities we serve. My excitement is bolstered even more as I think about all the life-changing work we do daily, both individually and collectively.

In 2022 we found ourselves leaning into the hybrid space of providing services in-person and virtually embracing technology as an ongoing way of life for the people we serve and our staff. While the virtual space may work for many, we remain committed to opportunities to safely come together in-person—a practice many people value and appreciate even more.

Despite the concerns around the loss of many social freedoms, we remain rooted in hope and the triumph of the human spirit as we choose a life of wellness, restoration, and courage to celebrate life. These monumental efforts are those featured in this year's annual report, which provides the story of our resilience as a community and a conduit for connectivity. We look forward to partnering with each of you on future endeavors and remaining steadfast in our intentions to make healing center stage!

With thoughts of healing,

*Dr. Lena L. Green*

**Dr. Lena L. Green, DSW, LCSW**  
Executive Director

# ABOUT US

## HEALING ON PURPOSE AND EVOLVING



The HOPE Center is a 501(c)3 nonprofit organization that seeks to minimize the stigma around communities of color when seeking mental health services. It prides itself in having licensed clinicians who utilize evidence-based therapeutic practices to support a variety of daily living challenges, including depression, trauma, sexual abuse, and bereavement.

# OUR CORE FOCUS AREAS

## CLINICAL

Engage in direct clinical practice through field placement partnerships with diverse colleges and universities across New York City to provide group therapy, individual, couples, and family counseling.

## WELLNESS

Introduce the Harlem community to healing resources that support the holistic needs of every individual through workshops, seminars, and small groups.

## RESEARCH

Equitably involves community members, HOPE Center representatives, researchers, and others in the community-based participatory research process, with each partner contributing to and sharing in decision-making and ownership.

## TRAINING

Create, implement, and manage community health training modules to aid lay leaders in 1) becoming more trauma-informed, 2) learning how to navigate a wide range of mental health challenges, and 3) teaching group facilitation skills to support psychoeducation groups, including but not limited to anxiety, depression and grief & loss.



## Mission

To provide quality therapeutic services to the Harlem community in an effort to directly impact mental health needs and promote health and wellness.



## Vision

To empower and support our community in the process of creating and sustaining life-long wellness.



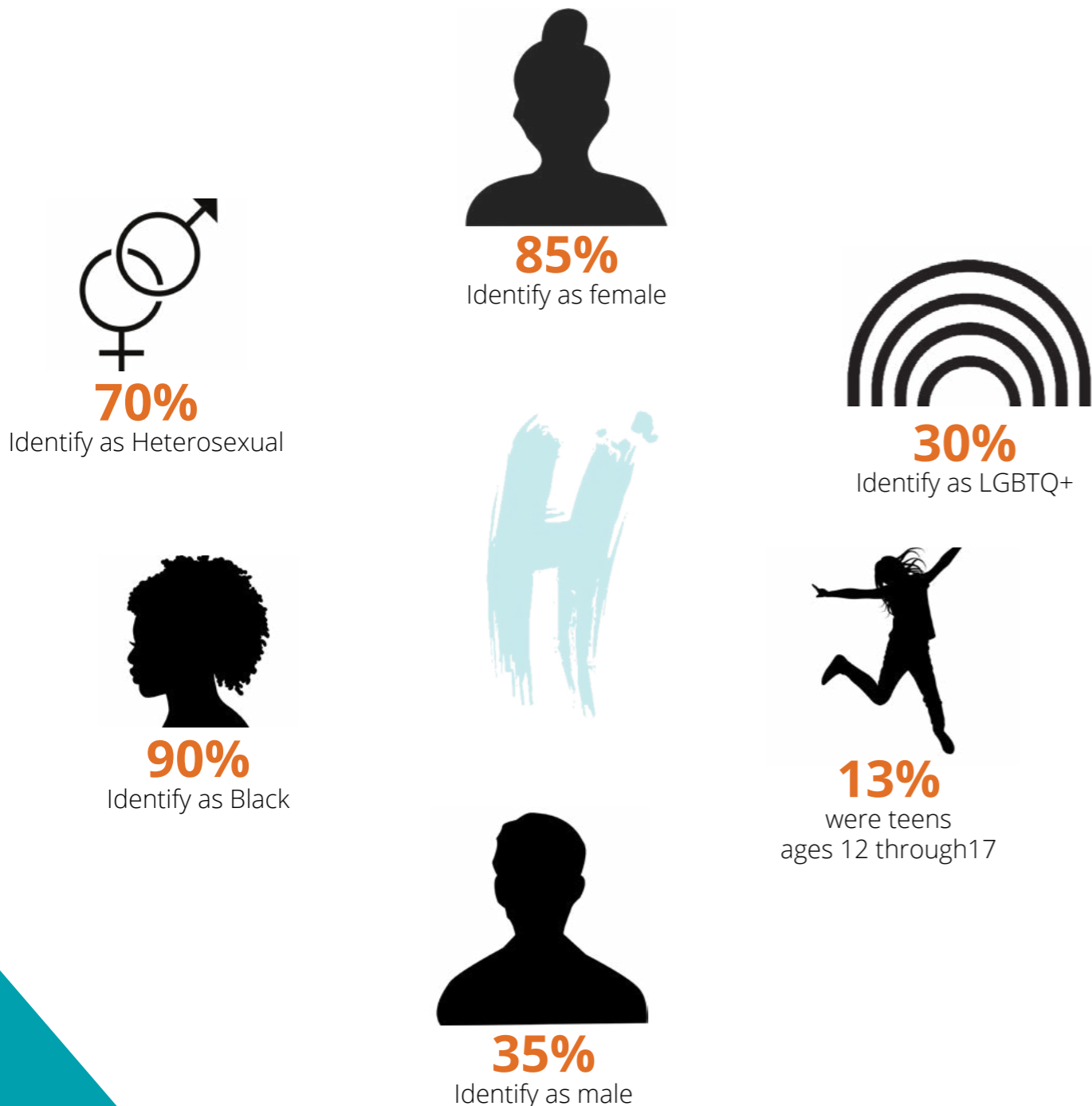
## Core Values

- Creating
- Thriving
- Authenticity
- Mutuality
- Kindness
- Worthiness
- Excellence

# 2022 IMPACT

For five years, Hope Center Harlem has been providing unwavering support to New York Residents through a wide range of free programs and services. With the invaluable assistance of interns, consultants, and dedicated staff members, we have made a significant impact on the lives of the community members we serve.

In 2022, the HOPE Center served 375 innovators between the ages of 12 through 76 within the following demographic profiles:



## 100+ Innovators Serve for Individual Treatment

The HOPE Center directly supported 118 innovators through one-on-one evidence-based therapy, which offers 10 free therapy sessions per individual inclusive of Cognitive Behavioral Therapy, Interpersonal Psychotherapy, Complicated Grief Therapy, and Solution-Focused Brief Therapy.

## Hosted 30 Workshops, Groups, & Events

In 2022, the HOPE Center hosted 30 diverse workshops, groups, and events, including Safe Sleep, Through the Lens, The Pride Room, and Planting for Wellness. Our events included In the Den, Community in Action Day, and the Hope Center's Wellness and Self-Care Fair.

## Digital Programs were viewed in 6 Different Countries

Hope Center's digital programming, including events like "Power of our Stories" and "Healing Conversations," reached audiences in six countries, including the United States, Nigeria, India, and Canada.

# 2022 HIGHLIGHTS



## HOPE IN ACTION FUNDRAISING & AWARDS BREAKFAST COMES ALIVE, IN-PERSON

Created to recognize and highlight mental health heroes who have made significant contributions to the field, The HOPE Center proudly welcomed over 120 attendees from around the country to the first in-person HOPE In Action Breakfast. Held at the renowned Red Eye Grill, HOPE In Action celebrated and recognized the outstanding achievements of the honorees, who have brought about transformative and innovative change in New York City and beyond.

Among the esteemed honorees were Dr. Torian Easterling, Dan Gillison from NAMI, and Dr. Linda Lausell-Bryant, all of whom have made remarkable contributions. Dr. Michael Lindsey delivered a captivating keynote address, further inspiring each attendee to take action to help destigmatize mental wellness support services.

# 2022 HIGHLIGHTS



## IN THE DEN PROVIDES A SAFE HAVEN FOR MEN

In the Den, an event exclusively for men, gave them a supportive environment to fellowship and engage in empowering discussions about their overall well-being and mental health. Pastor Michael Walrond, Jr., and Dr. Sidney Hankerson guided the conversation.

## TEENS EXPRESS EMOTIONS THROUGH PICTURES

Snapshot, a youth program focused on-photography as a healing tool, helped youth successfully express their trauma and social challenges. Utilizing professional photographers, Snapshot taught each participant introductory camera skills and visual storytelling techniques. The program's main goal was to enrich lives, cultivate new artists, foster leadership, and amplify youth voices.



## INITIATIVE PROMOTES INFANT SLEEP SAFETY

In collaboration with First Candle, Safe Sleep is a monthly initiative dedicated to educating new and expectant parents about creating a safe sleeping environment for their babies. With the goal of preventing SIDS, facilitators provided interactive trainings, giveaways, and advocated the use of mental health services.



## THRIVE INSPIRES YOUTH TO BE THEIR BEST SELVES

To promote resilience and empower young individuals, Nike Black Commitment generously provided funding for THRIVE, an innovative 12-week program designed specifically for teenagers between 12 and 17 years old. This groundbreaking suicide prevention initiative aimed to equip participants with valuable skills and knowledge to navigate life's challenges effectively.

Throughout the program, Thrivers engage in various enriching activities and thought-provoking discussions. These conversations covered diverse topics, including mental health, coping skills, and strategies for managing emotions during difficult times. By fostering an open dialogue, Thrive encourages teenagers to express their feelings, thoughts, and concerns while providing them with the tools to develop resilience and emotional well-being.

To further enhance the program's impact, the HOPE Center joined forces with the renowned HAVEN=CONNECT. This collaboration offered participants a unique opportunity to learn how to support their peers meaningfully, fostering engagement, sharing, and connection. HAVEN=CONNECT's workshops focused on utilizing four essential pillars known as the "4 Cores" - kinship, balance, purpose, and guidance - to bring joy into our lives and effectively manage stress and challenges.



# 2022 HIGHLIGHTS



## SNEAKER BALL NYC DRAWS LARGE CROWDS FOR MENTAL HEALTH SUPPORT

Hosted at the exquisite Harlem Parish, the HOPE Center proudly presented the Inaugural Sneaker Ball where fashion and art united for mental health awareness and charity.

Featuring food, music, a pop-up shop, and a photo booth, the Sneaker Ball's primary goal was to raise awareness and support for youth and adult mental health services and programming. Over 200 supporters and mental health champions gathered, ready to dance, connect, and show their unwavering support for mental health support services and programming for both youth and adults.

To learn more about the HOPE Center's Sneaker Ball, visit [www.sneakerballnyc.org](http://www.sneakerballnyc.org).





# FCBC COMMUNITY DEVELOPMENT CORPORATION



The First Corinthian Baptist Church (FCBC) Community Development Corporation (CDC) serves as a catalyst for transformation in Harlem and the Greater New York City area, challenging and empowering individuals to realize their infinite possibilities through Education and Arts, Economic Empowerment, Health Awareness, and Civic Engagement.

Registered as a 501(c)3 nonprofit organization, the FCBC CDC's first venture was The Dream Center, a transformative space designed to awaken the dreams of the community. Focused on creative arts, leadership development, and economic empowerment, The Dream Center offers over twenty-five completely free programs to the Harlem community for all ages, races, and backgrounds.

In December 2016, the FCBC CDC opened the H.O.P.E. (Healing On Purpose and Evolving) Center, the first faith-based mental wellness space in Harlem.

## CURRENT BOARD MEMBERS

**Michael A. Walrond, Jr. — President**  
Senior Pastor, First Corinthian Baptist Church

**Chris Crawford**  
President, Elite Media

**Olivia Scott**  
Founder, Omerge Alliances

**Charles Powell — Treasurer**  
Retired Lawyer/ Director Staff, Greater Harlem Chamber of Commerce

**Linara Davidson Greenidge**  
Senior Managing Director, Development & External Affairs, East Harlem Tutorial Program

**Jonathan W. Soto**  
Field and Political Organizer Alexandria Ocasio-Cortez for Congress

**Jamal Joseph — Secretary**  
Faculty at Columbia University  
Founder of New Heritage Theatre Group

**Alice Hunt**  
Executive Director, American Academy of Religion

**Desiree Elder**  
Executive Director, FCBC CDC

### BOARD MEMBERS

**Douglas Adams**  
Finance Industry Professional

**Pamela Flood Morrison**  
Vice President/Treasurer, Lemor Realty Corporation

**Dr. Lena L. Green**  
Executive Director, The HOPE Center

**Morgan Cuffie**

Executive Visionary, The Dream Center

**Chris Bishop**  
Chief of Staff to Chief Operating Officer  
Cardinal Innovations Healthcare

**Voza Rivers**  
Founder of New Heritage Theatre Group  
Vice President, Greater Harlem Chamber of Commerce & Chairman, Harlem Arts Alliance

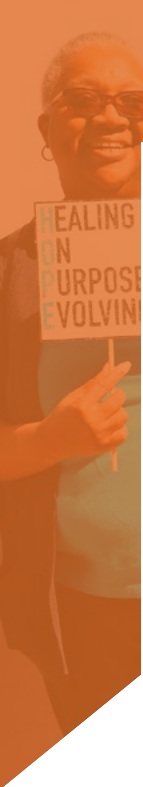
# 2022 FINANCIALS

## 2022 REVENUE

Category	2022	2021
Fiscal Sponsor	\$166,982	\$166,495
Individual	\$62,643	\$67,526
Programming & Other	\$36,464	\$38,239
Grants	\$312,173	\$60,000
<b>Total</b>	<b>\$ 578,262</b>	<b>\$332,260</b>

## 2022 EXPENSES

Personnel	\$167,532	\$179,977
Programming & Operations	\$367,070	\$100,761
Administrative	\$14,361	\$11,489
<b>Total</b>	<b>\$548,963</b>	<b>\$292,227</b>



# HOPE CENTER DONORS

Abdul, Karen	Carroll, Alexandria	Gaskins, Columbus	Kidd, Patience E
Allen, Brianna	Carter, Taylor	Gayle, Orrett	King, Arantxa
Amani, Jamarah	Case, Winsome	Glover, Shavon	King, LaVerne
Andre-Jones, Latisha	Cash, Toccarra	Gore, Kelli	Kinlock, Camille Y.
Andrews Jr, Rawle	Castro, Rhonda	Gore, Kia	Kwon, Dae Keun
Ash-McZinc, Elaine	Cenat, Ruth	Green, Rachelle R	Lattimer MURRAY, Sharon
Awosan, Christiana	CHAMBLEE, SERENA	Green, Mario R	Lawrence, Barbara J
Awuku-Tatum, Michelle	Chancie, Sharon	Hall, Pamela E	Lawrence, David
Ballew, Denisha	Cherry, Media	Harden, Eleanor I	Lawrence, Roderick
Barfield, Elaine	Clark, Journelle	Harmon, Daisette	Lawrence, Wanda M
Barnes, Bella	Clark, Dorothy V	Harris, Cicely	Lewis, Kishona
Barnes, Wesley J	Close, Michael A	Harrison, Deirdre	Lewis, Lauren
Barr, Adrienne	Cochran, Deidre	Hawkins, Denisha	Lewis, Ambra
Bell, Sondra D	Cooper, Tahani	Haynes, Cheryl	Lindsey, Michael
Benjamin, Joseph	Cornell, Ericka	Hennep, Delfina & Henry	Lischer, Jennifer A
Benson, Renee	Crevi, Alison	Hernden, Sheila	LLoyd-Canada, Kathy
Bessiake, Michelle	Crittendon, Brooke J.	Hill, Rennie	Lomax, Eunice
Best, Dalila V.	Cuffee-Moore, Crystal R	Holden, Drina	Lopez, Latasha
Bing, Tracey	Cummings, Desiree	HolderWalker, Desiree	Louis, Nahomie
Bishop, Ebone Monique	Cummings, Gwendolyn C	Hollingsworth, Valarie S.	Lowe-Tuitt Mrs., Ruth Electra
Blackmon, Steffanie	Davis, Betty A	Hollingsworth, Celestine D.	Maquis, Meland
Bolden-Rivera, Gina L	Davis, Fia	Hollman, Jiccarra N.	Marius, Stacey
Boston, Keisha T	Dawson, Evelyn Pena	Holman, Lia E	Marshall, Marissa
Boyd, Amari	Decarmo, Kevin	Houston, Aja	Martin, Maureen
Bradford-Richard, Felice	Denaley, Detra	Howell, Nicole M.	McCord, Lauren
Brady, Wanda	Dennis, Shirley	Huff, Jenai	McCrae, Yvonne
BRANCH JONES, Diana	Dixon, Shakiema	Hunter, Rebecca A	McKenzie-Rodriques, Andreia
Bridges, LeAmber	Dormah, Kofi	Ingram, Gail	McKnight, James & Vanessa
Broadhead, Shaquana S.	Douglas, Devonne J	Irvin, Jovian	McKoy, Tameka A
Brown, Darlene S	Dove, Shawn	Jackson, Fred T	Miller, Sharde C
Brown, Shakira	DuguÃ©, Tatianna	James, Kim D.	Miller, Lewanda
Brown-Jordan, Donita	Edwards, Robert	James, Brittany	Mitchell, Jasmine I
Browne, Olivia Middleton	Eggleston II, Ronnie L	Jean, Carrie-Ann	Moore, Dashica
Bryant, Linda	Elliott, Justin J	Jennings, DaShanna	Moore, Shanique
Burroughs, Gail	Espinoza, Monica	Jernigan, Jesse	Moore, Casey
Bush, Khadija	Fanning, Valente	Johnson, Chad	Morrall-Cacho, Adrienne
Butler, Paul	Floyd, Aledra	Jones, Daniella	Morrison, Pamela Flood
C Mann, Blaire	Fowlkes, Devaughn	Jones, Herberta	Morton, Daion
Cade, Leroy	Fuqua, Patricia R.	Jones, Shila	Munnlyn, Nancy
Calve, John	Gaillard, Sharai	Joseph, Jamal	Murray, Muriel
Calvet, Rosalie F	Gardner, Ajia	Keeton, Brogiin	Mustapher, Nikkia
Carey, Dorothy	Gasinu, Eli	Kidd, Jacqueline	Nesbitt Foreman, Kelley Marie

Nunez, Zoila	Reed, Kevin	Smith, Joy	Washington, Lea
Nwaogu, Ozichi	Richards, Meagan	Smith, Lisa	Webber, Helen M.
Ogwo, Ashley	Richmond, Joya	Smith Elliott, Gwendolyn Renee	Wells, Darlene
Oliver-Taylor, Jeanne	Riddy, Deborah J	Spears, Joy	Whitcomb, Jason
Oppenheimer, Kate	Robinson, Janis	Stith, Michelle	White, Jerell
Oredeko, Anne	rodney, karlisa	Stoute, Sara	Wiggins, Janice
Packnett, Brittany	Rogers, Gail	Stukes, Tara A	Williams, Erin
Parker, Beverly J Bailey	Rojas, K. Mauricio	Tate, Roderick	Williams, Rebecca
Patterson, Troi	Rooks, Angela	Taylor, Brian P	Williams, Eugene
Pearsall, Richard	Ruffin, Steve	Thermidor, Ramondy	Williams, Tonya
Pennamon, Tiffany	Sanders, Sharon	Thomas, Deborah	Williams, Alecia
Perkins, Nicole	Scott, Tre	Thomas, Joshua Lloyd	Williams, Patrice
Pierce, Lanique	Shern, Kimberly	Thomas, Lenier	Williams, Warren
Pittman, Darnell L	Sherrill, Linda Dianne	Thomas-Petit, Aisha	Williamson, Kurt D
Plear, Cheryl	Shields, Carlos	Thompson, Anna	Wilson, Dawn
Pough, Sean	Simons, Renee	Vines, Benjamin	Wilson, Ayasha
Private Donor(s)	Simmons, Valerie	Walker, Kimberlee	Woods, Temica
Powers, Brittany	Simpson, Kendra	Walker, Fatima I	Yates, Doris
Quinn, Lillie	Smith, Clark	Walker, Kenneth	
Quinones, Carlos V	Smith, Jacleen	Walrond, Jr. , Michael	

## GRANTORS, SPONSORS, AND PARTNERS



228C West 116th Street  
New York, NY 10026  
Phone: 347.778.7610  
E-mail: [info@hopecenterharlem.org](mailto:info@hopecenterharlem.org)  
Web: [www.hopecenterharlem.org](http://www.hopecenterharlem.org)



**HOPE CENTER**

**HEALING  
ON  
PURPOSE &  
EVOLVING**

#HOPEINNOVATION